



ZUMBA®

LET IT
MOVE YOU™



ZUMBA WITH TARA
EVERY FRIDAY - 10AM

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The Lady Olivia Centre
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Unleash the rhythm within and dance your way to fitness! Join our exhilarating Zumba class for a fusion of fun and fitness. Each class is only £5. All ages and levels welcome, no experience needed. To book a place text or email me or simply come along!